THE MEAD
BS10

Southmead Community Trust

Southmead News & What's On

Issue 87 Winter 2026 Free Donations Welcome



"Oh Yes It Is!"
Panto Time in Southmead!

By: Lucille Smith
Community Connections Manager
Southmead Community Trust

Have we got a treat for everyone on Saturday 12th December! It is the Southmead Winter Festival at Greenway, featuring Jack and The Beanstalk, and starring our very own, home grown, and fantastic theatre group Southmead Players.

Do make sure you save the date and come and join in with all the family-friendly things happening on the day. Alongside two panto shows there will be: free arts and crafts to get stuck into - including making pom-poms, greetings cards, and wreaths (book for wreath making, see page 3), and a Scribble and Sketch session with our lovely friends from the Royal West of England Academy. Plus, Greenway Market is opening for a last-minute-mini version so you can select some beautiful and locally made gifts.

There will also be a Christmas Jumper Swap, a Toy Swap, and a raffle with lovely prizes to raise money for The Ranch.

Do book for the panto by scanning the QR code on page three, or pop-in to Greenway in person to buy tickets at Reception.

It is always wonderful to think that the days start to get a little lighter after the Winter Solstice on December 21st, and that inch by inch, we head towards spring and the clocks changing.

But how do you get through the darkest and coldest winter spell? If you find it a struggle to stay warm at home, then Greenway is open seven days a week and well heated. Why not spend some time here, have a cuppa, and join in with free activities to keep you active and amongst good company.

Inside

P.3 Southmead Winter Festival
P.4 Thank You to Volunteers
P.5 Let's Talk About Climate Action
P.6 Southmead Sisterhood
P.7 Festival of Wellbeing
P.8 Greenway Climate Cafe
P.9 Let's Talk About Pride
P.12 Bert's Blast from The Past
P.14 Our Linda's Lungs
P.16 The Art of Companionship
P.19 Times, Places and Info

continued on page 2 →

← *continued from front*



You can find our list of free weekly groups on page 15. Cafe Des Amis Southmead is open on weekdays 8am-2pm, and there are hot drinks available to buy at Reception at any time.

If you need advice about energy bills, support with benefits, and with learning and work opportunities, drop-in to our Thursday Support and Advice Hub Here our Greenway Learning and Wellbeing team are joined by different organisations from across the City to offer help. This includes Energy Support, Citizens Advice, and also the Food Bank for those with a voucher.

Many other organisations provide different support from week-to-week, and if you want to find out who else will be with us just give us a call, or pop-in for a chat - there is always someone here who will know where to direct you or how to connect you.

If you are online you can also view our website What's On Calendar at: www.southmead.org, and here you will also find listed exciting events for early 2027. They include our Let's Talk About events where we screen a film and have a discussion afterwards - look out in this issue for Let's Talk About Climate Action and Let's Talk About Pride, along with our next extravanganza - Greenway Festival of Wellbeing; we hope this will offer a January boost with lots of activities to join in with and food to share.

Thank you to everyone who has contributed to this edition - my favourite items are the ones about our dedicated volunteers - Bert, Linda, and Swiba - special thanks to you three for your super stories.

As usual, please contact me with your ideas for Southmead any time, or with your contributions to The Mead. The next edition will be in March and I would love to support you to get your items published.

However you celebrate the winter season, we wish you good friends, good food, and perhaps a little break from the ordinary. Love Lucille and the team.

Tel: 0117 950 3335
Email: info@southmead.org

Would you like support with digital devices and to get online?

Pop-in to a Techy Tea Party

Greenway Centre - every Monday, 11am – 12.30pm

Southmead Library - every Tuesday, 11am – 1pm

St Stephen's Church - first Wednesday of each month, 10.30 – 11.30am

40 Volunteers Needed

Local volunteer group - Sustainable Westbury-on-Trym - has been supporting residents in Southmead to give the streets and green spaces a deep clean - a huge amount of litter has been cleared. Now twenty local people are keeping the streets they live in tidy, and we would love to find forty more volunteers.

Could you pick up litter in your street or on a route near your home, at a time to suit you? We will agree the route with you, so we know it is not already being done. You can litter pick with a friend, each have a kit, and share a larger area. Equipment is provided with bags from Bristol Waste, and extra bags can be picked up at Greenway Centre.

After your litter-picking, you just need to leave the bags next to any public bin and Bristol Waste will collect them – you do not need to report anything.

Local people have been working together to clean up Southmead for over a year, and we are now growing a network of neighbours who each look after their own patch. Bristol Civic Society has donated sixty kits to get people started.

Do let us know if you can join us, everyone is welcome.

Contact us, ask for Freya, and we will get you started.
Tel: 0117 950 2225
Email: info@southmead.org

Southmead Winter Festival

With Community Panto Starring Southmead Players

Saturday 12th December 2026

12 - 4.30pm



Jack and the Beanstalk

Written by Ben Crocker

- Two Panto shows | 12pm or 2:30pm (1hr 40min + 15min interval)
- Kids Panto Costume Competition
- Festive Mini Market | 12–3pm
- Christmas Jumper and Toy Swap | 12–3pm
- Free family festive crafts - pom-pom, *wreath, and card making
  *Please ring to book your place for Wreath Making
- Raffle for The Ranch

Scan the QR code to book and pay for panto tickets, or pop into Greenway.
£3 (ages 16+)
£2 (ages 4-16)
free (under 4s)

info@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

A Thank You and Celebration

By: Amy Kinnear
Chief Execeutive Officer
Southmead Community Trust



Last month we celebrated some of the wonderful work in our community at a gathering in the new Garden Hall at Greenway. We also marked a couple of new beginnings for the Trust: one is the launch of our new Ten-Year Plan, and the other our name change from Southmead Development Trust to Southmead Community Trust; it might not be the most radical name change in history, but we think it is better because community is what we are all about.

You will know from reading The Mead that we are now putting on more support and activity groups than ever before at our two community hubs – Greenway Centre and The Ranch Adventure Playground and Youth Space. We are delighted to have made sure the Southmead Festival happens every year, kept The Mead in production, made sure isolated residents have company, planted new trees, developed local plans, and brought hundreds of residents together through art, sport, and activities. Most importantly we work to ensure everyone's voice is heard and to keep everyone connected. We can only achieve these things by us all working alongside each other – and that is what we celebrated last month – the support of our fantastic volunteers.

As we celebrated progress so far, and looked ahead to the future, we were delighted to share our new Ten-Year Plan which sets out what we want to work towards. The plan has been shaped by the Southmead Community Plan (2015-2025), conversations with residents, and the ideas and experiences of our staff, volunteers, trustees, and partners.

We want to keep working to make sure that Southmead is a place where people feel welcome and connected, where everyone has opportunities to become involved and thrive, and where we look after each other and the spaces around us.

We would love you to read the new plan - do pick up a copy from Greenway or visit our website if you are online. We want everyone to continue being part of everything we do, or to step in for the first time. Whether by volunteering, sharing ideas, or donating to help us build a brighter future for Southmead, together we can make our vision of a thriving, inclusive and connected community a reality.

If you have not seen the new Garden Hall yet or would like to share your ideas for more things we can do together, please pop-in to Greenway Centre for a warm welcome, a look around, and a hot drink. See you soon.
Visit our website:
www.southmead.org
Tel: 0117 950 3335
Email: info@southmead.org









Let's Talk About Climate Action

We invite everyone to a screening of the People's Emergency Briefing - a film exploring the climate and nature crisis in Britain.

This will be followed by a community discussion about what this means for Southmead.

There are two dates to choose from



- Tuesday 12th January, 6-8pm
- Saturday 16th January, 2.30-4.30pm

Free

Scan the QR code to sign up for the date you prefer

wellbeing@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Celebrating Southmead Sisterhood

By: Freya Calwell
Community and Volunteer Connector
Southmead Community Trust

Swiba is a volunteer at The Ranch Adventure Playground and Youth Space, and we have been working together on her idea to set up a new support group for local refugee women. We are delighted to share that the Southmead Sisterhood is now up and running!

Swiba became a volunteer after taking her children to The Ranch when she was settling into Southmead. Although nervous at first, she soon met other parents and found friends, and has since been significantly contributing to the strength of The Ranch family community.

At the first gathering of the new Southmead Sisterhood, Swiba created a friendly and inviting space, greeting newcomers warmly and including everyone in conversations. Ideas soon began to flow about possibilities for the group, and there was a real buzz of excitement and connection.

We tried Swiba's delicious homemade Sudanese doughnuts and now others in the group are inspired to bring delights to try - I have a feeling that food is going to be central to this group!

Swiba said, "I am excited to start this group because I have been wanting to do something for my local community, and I want to support other women to connect and have time for themselves".

If you would like to join the next group you will be warmly welcomed, just drop-in. It is every Monday at Greenway Centre, 11.45am- 1.45pm. Children are welcome.

We will also be running Welcome Sessions for families who are new to the area at The Ranch Adventure Playground and Youth Space. Our volunteers with living experience will be on hand to offer a friendly welcome and support. Dates are **Thursday 26th November, Tuesday 22nd December and Thursday 28th January**. Just come along to The Ranch during the play sessions on these dates.

If Swiba's story has inspired you and you have an idea for a new community group, do just contact me - I will do my best to help you get something new off the ground.
Tel: 0117 950 3335
Email: wellbeing@southmead.org





Helping to Bust The January Blues

By: Lucille Smith
Community Connections Manager
Southmead Community Trust

Mid-January can be a tough time of year. The seasonal buzz has faded, the days are still short, and it can be easy to feel a bit flat. So, on Saturday 23rd January we invite the whole community to a free family-friendly event to take part in some uplifting activities to shake off any winter blues.

The day is being put together with the help of residents, including local people with living experience of recovery who know all too well how being alongside each other can make a huge difference to how we are feeling.

Whether that is by getting moving, being crafty and creative, singing or listening to performers, and chatting over cups of tea and snacks, this is going to be a real festival of healthy fun and friendship, and everyone is welcome to connect, share and try things.

Come along to enjoy wellbeing activities, get a health check, try an exercise taster, join in with tree planting, or simply just enjoy sharing tasty food together with neighbours.

The programme for the day is still taking shape and so do look out for a flyer through your door, follow us on social media, or pop-in to Greenway in early January and we can share more details with you.

If you know you want to come, just open your phone camera and scan the QR code next to the lotus flower opposite to register for your place, or give us a call.

Thank you to Bristol City Council's Public Health team, Horizons Drug and Alcohol partnership, and many other local groups for supporting this exciting event.

Contact us:
Tel: 0117 950 3335
Email: wellbeing@southmead.org



Southmead Community Trust is proud to be part of the Horizons Bristol partnership. We offer groups and sessions for recovery at our community hubs.

Greenway Centre

- **Sober Wolf Boxing Sessions**: Monday (weekly) 5-6pm
- **SMART Recovery Meetings**: Wednesday (weekly) 2-3pm
- **Drop-in Support**: Thursday (Monthly 12-4pm)

The Ranch

- **Sober Social**: Last Sunday of each month (5-8pm)

For more contact Rob Watson,
Tel: 0117 950 3335
Email: wellbeing@southmead.org

Horizons

Southmead Community Trust

Healthy Homes in Southmead

By: Emily Walker-Smith
Climate and Energy Coordinator
Southmead Community Trust

We believe everyone should be able to access support to keep their homes as comfy and affordable to run as possible. Recently we have been running workshops to look at: what kind of support is needed in Southmead; baffling energy bills; and ways to help us to stay affordably warm.

Or projects are community-led and every Friday residents and volunteers meet at Greenway Climate Cafe (2.30-4pm) to plan work on the Southmead Community Climate Action Plan - everyone is welcome. We planned and held a clothes swap in October (read more on page 10).

Do join us for two special collaborations with Greenway Sewing Group. On **Friday 4th December, 2:30-4pm** we will be making 'snake' door draught excluders to help to block cold air, and on **Friday 18th December, 2.30-4pm** making microwavable wheat-bag hand and neck warmers. Materials, sewing machines, and cuppas are provided - and no sewing is experience needed.

And did you know there is home energy support available every week at Greenway Centre? Our energy adviser Amna is here **every Thursday, 1-4pm**, so do drop-in to see if she can help you.

I am also about to begin the next stage of a household volunteer project and we are now looking for thirty local households to take part in a year of monitoring air quality and energy use at home. We will provide kits and full support to set up and use them. Do contact me if you would like to take part in our Healthy Homes 2027 project, starting in January.

Healthy Homes is the second phase of an initiative where residents have been using monitoring kits at home. During 2026 our Future Homes project, funded by our working partners



Retrofit West, involved ten households using kits to test air quality, temperature, humidity, and the electricity needed to power devices.

Sarah took part because she is interested in the health of her family, and it made her realise that more devices needed to be switched off more often. She told us: "The air quality monitor was the most interesting item, we moved it around the house to see what drove up the carbon dioxide. Kitchen steam and having curtains and windows closed in the bedrooms really pushed the number up. We now open windows and internal doors a lot more to let fresh air into and around the house."

If you are inspired by Sarah's experience, we would love to hear that you can take part. We are delighted that with thanks to funding from the Energy Saving Trust we now have thirty kits to offer, meaning we can work with even more residents across 2027.

Please contact me to take part, pop-in to or call me at Greenway Centre – ask for Emily. Tel: 0117 950 3335, Email: wellbeing@southmead.org

Southmead Community Men's Space



By: Mike Murch
Community-wide Volunteer

Southmead Community Trust supported our wonderful group to set up, to help local men connect with each other doing activities they enjoy. Many of us are widowers, but any man aged 18+ is welcome.

We socialise, chat, and generally put the world to rights over a cup of tea or coffee (and maybe a sweet treat!). We now have thirteen gents on our books. Also we like to keep very busy. Over the past year we have made the large wooden planters for Greenway Community Garden, benches for Greenway Reception, and structures for Southmead Festival. We also mentored young people at The Ranch Adventure Playground and Youth Space to build planters, and some steps, during our inter-generational project.

Our latest project is the giant's castle for the Jack and The Beanstalk Community Panto on Saturday 12th December (part of the Southmead Winter Festival at Greenway). We cannot wait for you to see our latest construction so do make sure you book your tickets!

Our benches, bird boxes and bat boxes are available for residents to buy for a donation - just contact us if you are looking for a locally and sustainably-made addition to your garden.

Everything we do is voluntary, and you can be as involved as you like. If you just fancy a chat and a cuppa, that is totally fine. We have a small committee and some guiding rules, but we are a relaxed and friendly bunch.

If this sounds like your cup of tea, gentlemen, you will be made very welcome. Just pop in any Friday and say hello. Details:
Southmead Men's Space
Every Friday 9.30am-12pm
St Stephens Church, Ullswater Road. Southmead.
For more info contact us,
Tel: 0117 950 3335
Email: info@southmead.org



Greenway Clothes Swap

More from our Greenway Climate Cafe Group

Greenway Climate Cafe group is busy every Friday (2-4pm) planning work on the Southmead Community Climate Action Plan. One of our latest fantastic events was Greenway Clothes Swap - part of Autumn Super Saturday.

Alongside Greenway Market and Southmead Repair Cafe, the clothes swap was a super success with ninety eight swaps. If visitors did not have items to swap they could make donations, and we were delighted to raise £27.61.

We are excited to be part of Southmead Winter Festival on Saturday 12th December. Alongside the panto, and other family fun activities, we are preparing a Christmas Jumper Swap, as well as a Toy Swap.

Swaps are so important to help keep our environment healthy; did you know that:

~ Fast Fashion companies generate more pollution than international aviation and shipping combined.

~ Bristol is the first British city to ban adverts for fast fashion due to the negative impact of these products on our climate.

~ Buying just one white cotton shirt produces the same amount of emissions as driving 35 miles in a car.

~A lot of clothing 'waste' ends up in landfills across Africa and in the Atacama desert.

~Half a million tons of plastic microfibers are dumped into the ocean every year, the equivalent of 50 billion plastic bottles.

Swaps are also good for our pockets too, helping us to save a few pennies as we choose items new for us. Bringing your broken household items for fixing is also another great way to save money and waste - check out the dates for Southmead Repair Cafe on page 18 when volunteers will be available to fix your items.

If you would like to join our merry crew on Fridays, or help to put on a swap event, do contact us. Meanwhile, above are some pics of us having great fun at the Autumn Greenway Clothes Swap which coincided with Halloween!

Contact Emily, Tel: 0117 950 3335 email: wellbeing@southmead.org

Let's Talk About Pride

By: Polly Theedom, Head of Adult Wellbeing and Communities Southmead Community Trust

On Friday 12th February, we invite you to come along and watch the film Pride. The screening will be followed by a discussion, food and a party! We are hosting the screening to mark LGBT history month. The event is for ages 16+.

The film is an historical comedy based on the inspirational true story of two communities who faced hard times in the 1980s: Lesbian, Gay, Bisexual and Transgender (LGBT) activists and the striking miners. It is a story of hope and collaboration and shows the good that can happen when we join forces.

If are you interested in LGBT issues, bringing communities together, attending a damn good party, or watching a brilliant true story which shows how even the most unlikely groups can work alongside each other – this event is for you. And better still, if you can help us organise the event we would love to hear from you.

Do look out for flyers nearer the time. If you are online do visit our website What's On calendar at www.southmead.org.

For any more information or to let us know you can volunteer to help out do contact us: Tel: 0117 950 3335, Email: wellbeing@southmead.org **See opposite for all details →→→**







Let's Talk About Pride

A screening of the film Pride, food and party, for ages 16+ at Greenway Centre

Friday 12th February

6pm: Doors open, 6.30pm: Film, 8.30pm: Discussion, 9pm: Party



Scan here or contact us to book. Suggested donation £5

wellbeing@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Bert's Blast From The Past!

By: Bert Heavens
Volunteer
Southmead Community Trust

Winter 1962



Do you remember the winter of 1962/63? The green between the two Greystoke Avenues must have been about seven foot high with snow. All the kids were there, digging tunnels. It stayed for months! I was about twelve, and everything was shut. Schools, shops, you name it. Nobody was going anywhere.

We dug dens in there, and I will tell you what, it was a lot warmer inside than it was outside! We would crawl in out of the wind and it was like another world, quiet and dim. Word got round, and before long there were children from everywhere, with their own shovels, bits of cardboard, and old tin trays to dig with. We would be out from first thing in the morning until we got hungry. Then we went home soaked through, with our gloves frozen stiff - set to dry on the fender.

The golf course was shut, but there were people out with toboggans. People from Henleaze had skis, and not only on the golf course but they used them just to get down the road. People were going along the pavements on skis! It was frozen solid, and it stayed that way day after day, with no sign of a thaw. People were unable to walk to where they would normally go for Christmas, so visiting family was out of the question, and a lot of people had a very quiet one that year.

There were no bin collections, and nobody could move. Everything was static. The whole neighbourhood just stopped. You would see neighbours helping each other out, sharing what they had, and clearing a path to the door for anyone who could not manage. It was certainly the worst winter we have had in my memory.

Bert on his bike as a boy - The Mead added the snow!

I think it lasted three months. All the snow blew onto the green, and when they cleared the roads, they chucked it on there too, so the pile just kept growing! Eventually it started to melt, and it was not safe to go in the tunnels anymore as they were collapsing. The green was a right mess, muddy and slushy, and we could not play there for a while. After three months of great fun, it was three months of misery waiting for it to dry out. But I will never forget the good time we had in the tunnel - that was something else!

You may remember Bert's life story from an earlier edition of The Mead. Bert has lived in Southmead all his life and went to Greenway Boys School. He says that without Greenway he would not still be here. He became isolated after his wife died. He regards the groups at Greenway as a life-line.

Bert is an extremely hard-working community volunteer and a trustee for Southmead Community Trust. You will find him at Southmead Men's Space (see page 9), and at groups Pom-pom making, Horizon Disability Friendship Group, Coffee Morning, Singing Group, and also in the Greenway Community Garden. Look out for his beard baubles this Christmas and give him a shout if you would also like to be a volunteer. Thank you Bert - we are lucky to have you.

Boxing Legends

at Greenway Community Gym

Every Wednesday, starts: 4th November 5-5.30pm



Free of charge. No booking required - just turn up!

Ages 11-15 can learn boxing skills, improve fitness, build confidence, and make friends.

Learn punch combinations, padwork, skipping, and more in a fun boxing-for-fitness class.

info@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Celebrating Our Linda's Lungs

By: Lucille Smith
Community Connections Manager
Southmead Community Trust





Do you know our Linda? She is always busy helping in Community Corner at Greenway. When I first joined the Trust, I knew her as the person who beat me at Scrabble every week at Games Club, and whose breathing tubes I needed to be careful not to knock!

But I had no idea she was giving so much more to the community. She started her volunteer journey at Greenway seven years ago, first working with our Neighbours Connect service, and has not looked back since. She leads many of our free weekly activities in Community Corner, as well as the Lung Health group, and is a trustee for Southmead Community Trust making sure residents lead the plans for the organisation's work.

We know that connecting with others, keeping good social company, and giving spare time and energy can be very beneficial for our own health – but I was not quite prepared for how it has helped Linda.

I had returned from holiday leave and was surprised to see Linda looking dramatically different! I could not have been more astonished to see that her breathing tubes and oxygen tank had disappeared! Linda was excited to share her story of how, after fifteen years, she no longer needed the breathing equipment she had expected to use for life.

She put it down to losing weight, giving up smoking thirty years ago, and being very active in the community – "I have a lot to thank this place for", she said, gesturing round the Greenway Centre. Linda also leads the home-made greetings card group, our Thursday coffee morning, and chuckles, "I practically live here".

Her friends at the Lung Health Group were also shocked, but inspired by Linda's change in health. The Pulmonary Team who support the group, and run referral clinics at Greenway, had not seen this happen before. Linda added, "It is very unusual for someone to come off the oxygen so I'm quite chuffed. I feel free" she beamed, adding, "I still go looking for it sometimes. I wore it day and night for all that time. I had a pipe that went all around the house, wherever I went the pipe followed"!

The next challenge for Linda was to do two hours of pulmonary rehab exercises, twice a week, at Greenway Gym, without the oxygen! She said, a little warily, "I like the Gym, but I wasn't sure how I would get on without oxygen". It has been no problem though and she has not stopped the exercise.

We concluded that it was a combination of a miracle, improved wellbeing, and volunteering at Greenway that had produced this fantastic phenomenon. Linda said, "It's done a lot for me, coming here - it keeps my mind clear and helps other people, so I'm helping myself as well as helping them. And I love it."

We could not ask for a better advertisement for getting involved in volunteering or coming to our groups. As well as taking care of yourself and getting involved in the community, Linda's advice is, "Don't give up- always have a bit of hope". Thanks Linda that is great advice.

If you would like to attend any of our weekly activity groups at Greenway just turn up - they are listed on page 15. If you would like to become a volunteer we would love to meet you - do contact our Volunteer Connector Freya -
Tel: 0117 950 3335
Email: wellbeing@southmead.org

Greenway Centre Free Weekly Activities



Monday

- Tech Device Support 11am-12:30pm
- Pom-pom Making 2-4pm

Tuesday

- Sporting Memories 10:30am - 12pm
- Painting & Drawing 1-3pm

Wednesday

- Card Making 10am-1pm
- Creatve Writers 10.30am-12pm
- Board Games 2-3:30pm
- Horizon Disability Friendship Group 6-8 pm

Thursday

- Coffee and Chat 10am-12pm
- Walking Group 10am-12.30pm
- Ukuele Group 1-1.45pm
- Singalong for Fun 2-3:30pm

Friday

- Knit and Natter 10am-12pm
- Climate Cafe 2-4pm
- Sewing Group 2.30-4pm

info@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

The Art of Companionship

By: Simone Davis
Neighbours Connect Manager
Southmead Community Trust

You may remember a couple of years ago we introduced you to James after he and his volunteer had been on a great day shopping.

James had been referred to our Neighbours Connect team after he felt isolated and needed some support to find his feet in his new home. We matched James with a volunteer befriender to visit him once a week.

We learned that James loved art and we helped him to get more art materials and an easel so he could draw again. We took a trip to Hobbycraft where he bought some new charcoal pencils and pastels, as well as a new pad of paper.

He said, "By setting up the art space and materials you have inspired me to draw again. I wake up and think I just want to sit down and draw. It's amazing how I feel like I have my life back!"

James also showed me some of his older works and I photographed them (a few of them are opposite), and we talked about doing a little exhibition at Greenway.

We are delighted to say that James's exhibition is now on display and if you would like to pop-in to see his lovely paintings you would be very welcome. - just give us a call to let us know you are coming.

Could you help someone like James to feel motivated with life again? All it takes is one to two hours each week of your time and you could change someone's life for the better.

If you are interested please contact me - just leave a message at Greenway and I will call you back. Tel: 0117 950 3335
Email: wellbeing@southmead.org

If you or someone you know would like to attend our Greenway Monday Lunch Club - for shared food, company and activities, please do let me know.















Greenway Support and Advice Hub

Free - every Thursday



A cluster of support organisations every week at Greenway

- Ready, Set, Hired - CV Support
- Citizens Advice
- Healthy Homes Energy Support
- Food Bank (bring your voucher)

Plus much more - just give us a ring to see who else will be here

info@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Saint Stephen's Southmead

Christmas Listings

Sunday 6th December, 10.30am
Blue Christmas Service -
acknowledging that Christmas can be a difficult time

Tuesday 8th December, 3.30pm
Christmas Through the Keyhole -
a fun look into the homes of nativity characters, for families

Sunday 13th December, 7pm
Carols by Candlelight -
with mince pies and mulled wine

Christmas Eve, 4pm
Christingle - make a Christmas orange, and reflect on Jesus

Christmas Eve, 11.30pm
Traditional service to welcome in Christmas Day

Christmas Day, 10.30am
Our informal family service

Contact us, Tel: 0117 959 1250

Monthly at Greenway Centre

Family Scribble and Sketch (free with RWA)
Greenway Market Southmead (free entry)
Southmead Repair Cafe (free, donations welcome)

Saturday 28th November		
10.30am-12pm	Family Scribble and Sketch	
12-3pm	Christmas Greenway Market	
12-3pm	Southmead Repair Cafe	
Saturday 30th January		
10.30am-12pm	Family Scribble and Sketch	
12-3pm	Greenway Market	
12-3pm	Southmead Repair Cafe	
Saturday 27th February		
10.30am-12pm	Family Scribble and Sketch	
12-3pm	Greenway Market	
12-3pm	Southmead Repair Cafe	
Saturday 27th March		
10.30am-12pm	Family Scribble and Sketch	
12-3pm	Greenway Market	
12-3pm	Southmead Repair Cafe	

Arts
Local crafts
Repairs

info@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

RWA

Southmead Community Trust

Greenway Nature Wellbeing Group

6-week courses starting throughout the year
Mondays 11am to 12.30pm



wellbeing@southmead.org
07951 824 619 (call/message Jen)
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Parents and Parent Carers

Your morning cuppa awaits!

Just drop-in

Come and share the ups and downs of parenting - with a cuppa in friendly company. Meet with our Wellbeing team. All welcome.



- Join us every other Thursday
- At 9.30am
- In the Greenrooms (opposite main building)
- Just pop-in (no need to book)
- For more info contact Sarah or Emily

wellbeing@southmead.org
0117 950 3335
www.southmead.org
Greenway Centre, BS10 5PY

Southmead Community Trust

Times, Places, and Info

Southmead Library Opening Times

Monday: Closed
Tuesday: 11pm-5pm
Wednesday: 11am-5pm
Thursday: Closed
Friday: 1-5pm
Saturday: 11am-5pm
Sunday: Closed

Southmead Community Centre

Monday
4-6pm Tae Kwon Do

Tuesday
12-2pm Lunch Club
6.30-8.30pm New Star Judo

Wednesday
10am-1pm Coffee Morning

Thursday
11am-12pm Silvacare
12-2pm Chill & Chat
1-3pm Pakistani Welfare Group (women only)
7-9pm Bingo

Friday
2-4.30pm Sequence Dancing
7-11pm Members Bar

Saturday
12midday-11pm Members Bar

Sunday
12midday-11pm Members Bar
7.30-10.30pm Irish Dancing
For info tel: 0117 950 1187

Team Southmead Meetings

11am-12.30pm
The last Tuesday of the month (apart from during the school holidays - please call to check those dates and times)
St Stephen's Church
For info, contact Deana
tel: 07790 426 609

BS10 Neighbourhood Forum

Every other month on Thursdays, 6.30-8pm

at: Henbury & Brentry CC or Greenway Centre

contact, email:
cllr.kaz.self@bristol.gov.uk

Tell us what you think about The Mead magazine.

We really need to know your views about The Mead - good and bad!

Are there things missing? What would you like to read more about? Is there too much writing, too many pictures, or not enough of either?

Tell us your views and give us your suggestions please. Just drop a note into Greenway Centre, or email us: themead@southmead.org

Thank you.

Pentecostal Coffee Morning

10.30am-12.30pm
Mondays
Pentecostal Holiness Church
For info, contact:
0117 987 1327

Join us for a cuppa, company and a chat. All welcome!

St Stephen's Church

Friendship Cafe
10am-12pm Wednesdays

Baby & Toddler Group
9.30-11am Mondays (term-time)

For info
tel: 0117 959 1250

Southmead Councillor Surgeries with Cllr Kaz Self and Cllr Kye Dudd

2nd Saturday of each month at Southmead Library
11am - 12.30pm
For more info email:
cllr.kaz.self@bristol.gov.uk
cllr.kye.dudd@bristol.gov.uk

Would you like to add something to the next edition of The Mead? The spring edition will be out in March - do you have a story, a poem, some news, or photos to share?

Contact Lucille,
Tel: 0117 950 3335,
email: info@southmead.org

* Please note: The Mead is written entirely by Humans and so we do guarantee mistakes! *

The Mead is proudly produced by Southmead Community Trust which is the working name of Southmead Development Trust - we are a charity and company limited by guarantee registered in England and Wales (Charity No. 1061468) (Company No. 03044008). Registered Office: Greenway Centre, Doncaster Road, Southmead, Bristol, BS10 5PY.
website: www.southmead.org email: themead@southmead.org
Tel: 0117 950 3335. For all info visit The Mead website: www.themead.org, or call into Greenway Centre and chat with our Community Development Team.

DOVETON PRESS
PRINTERS
dovetonpress.co.uk

FSC
www.fsc.org
FSC® C015170
The mark of responsible forestry



RECYCLE MORE FOR BRISTOL

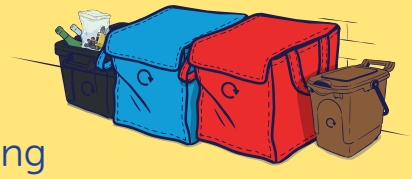
Normal bin day	Festive bin day
Fri 25 Dec	Tue 29 Dec
Mon 28 Dec	Wed 30 Dec
Tue 29 Dec	Thur 31 Dec
Wed 30 Dec	Mon 4 Jan
Thur 31 Dec	Tue 5 Jan
Fri 1 Jan	Wed 6 Jan
Mon 4 Jan	Thur 7 Jan
Tue 5 Jan	Fri 8 Jan
Wed 6 Jan	Sat 9 Jan
Thur 7 Jan	Mon 11 Jan
Fri 8 Jan	Tue 12 Jan
Mon 11 Jan	Wed 13 Jan
Tue 12 Jan	Thur 14 Jan
Wed 13 Jan	Fri 15 Jan
Thur 14 Jan	Sat 16 Jan
Fri 15 Jan	Mon 18 Jan
Mon 18 Jan	Tue 19 Jan
Tue 19 Jan	Wed 20 Jan
Wed 20 Jan	Thur 21 Jan
Thur 21 Jan	Fri 22 Jan
Fri 22 Jan	Sat 23 Jan

Back to normal from Mon 25 Jan

Book your Christmas tree collection now!

You need to let us know if you have a Christmas tree that needs collecting. Book your Christmas tree collection at **bristol.gov.uk/treecollection** by **6 January** to make sure we take it away.*

Festive bin days



Waste and recycling collections pause on Christmas Day, Boxing Day bank holiday (28 December) and New Year's Day, so your bin day will change for a few weeks. Garden waste collections pause from 21 December and restart 25 January 2027.

Check online to:

- Book your **free** Christmas tree collection
- Download your 2027 calendar
- See other ways to recycle your Christmas tree, including local charities
- Find out more info and festive tips at: **bristolwastecompany.co.uk/festive**

***No internet?** Call Waste Services during office hours 0117 922 2100

BRISTOL OWNED
Bristol Waste is a Bristol City Council Company

BRISTOL waste