



Welcome to **Greenway Walkers**

Join our weekly wellbeing walks

**All walks last for 1 hour.
You're welcome to come to as many
walks per week as you can make.**

See overleaf for times and where we meet.

When and where are the walks?

Mondays 10am

Southmead Hospital &
Monks Park



Meet outside the
Learning and Research
Building off
Monk's Park Avenue



Mondays 2pm

Canford Park
Westbury on Trym



Meet inside the
main gate
(near the library)



Wednesdays 10am

Badock's Wood
Southmead/Henleaze



Meet outside the
Greenway Centre,
Doncaster Road,
Southmead



Partnership

Thursdays 10am

Horfield Common, Horfield



Meet outside the
Ardagh Centre off
Kellaway Road



Please call before attending the walks: 07908 076 112